



Who is this guy?



# Introductions

A collaborative group of environmental and design professionals passionate about protecting our waters, restoring healthy ecosystems, and enhancing our community's unique sense of place.



[www.eorinc.com](http://www.eorinc.com)



water

watersheds and water resources



ecology

ecosystem restoration



community

civil engineering & landscape arch.











The central image is a brochure cover with a red border. It features a man in a plaid shirt and red turtleneck, smiling broadly while holding up a large brook trout. The word "TIME" is printed in large, red, block letters across the top. Below the man, the title "The Good Life In Minnesota" is written in a bold, yellow, sans-serif font. At the bottom, the name "Gov. Wendell Anderson" is printed in a smaller, white font. The background of the brochure shows a boat on a lake with other people.



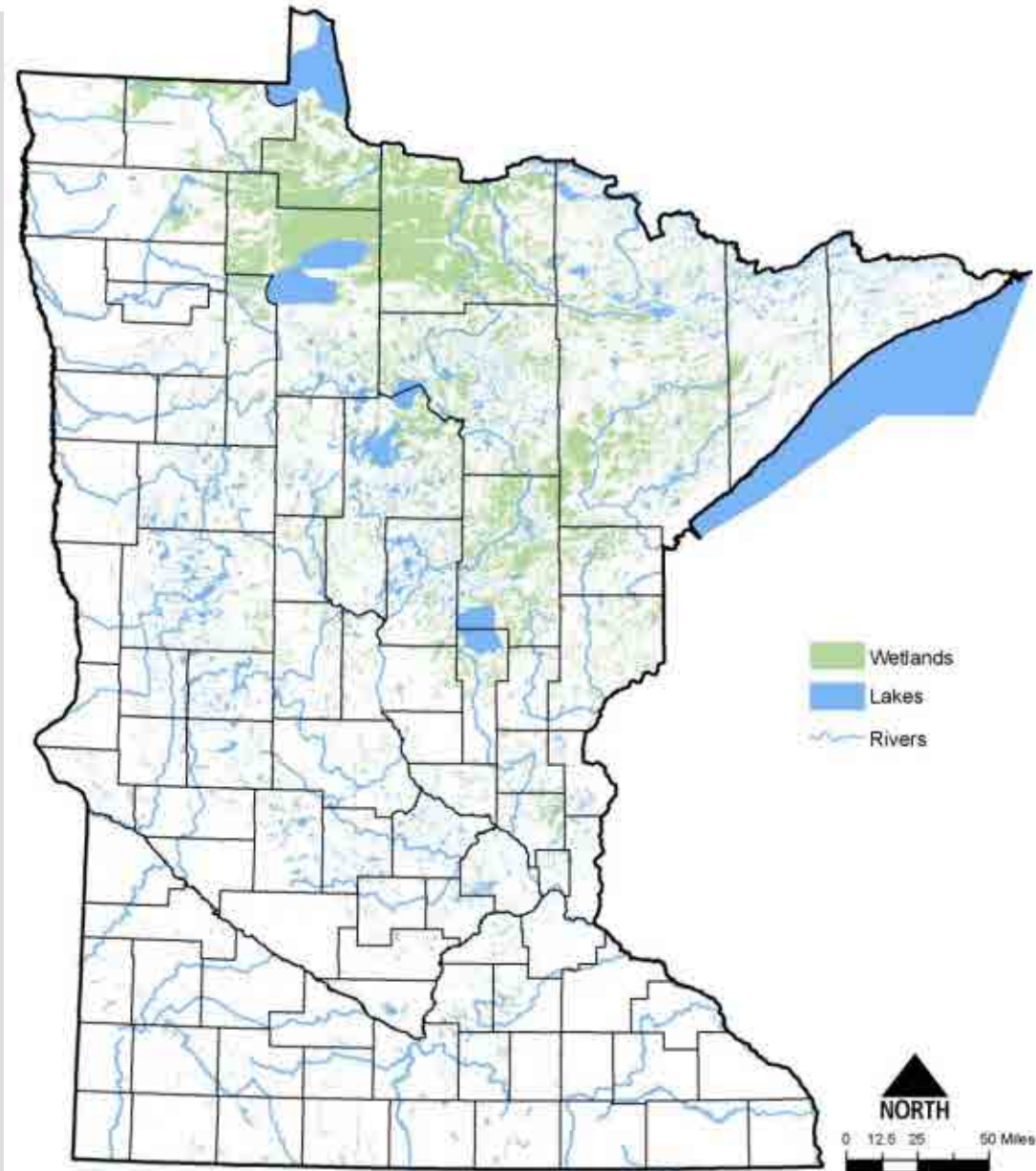


# The Land of 10,000 Lakes

11,642 lakes > 10 acres

69,200 miles of rivers/ streams

9.3 million acres of wetland



Boating, fishing, hunting, camping, swimming, wildlife watching, and more...







JOBS JOBS JOBS

250,000

JOBS JOBS JOBS



# But all is not well...

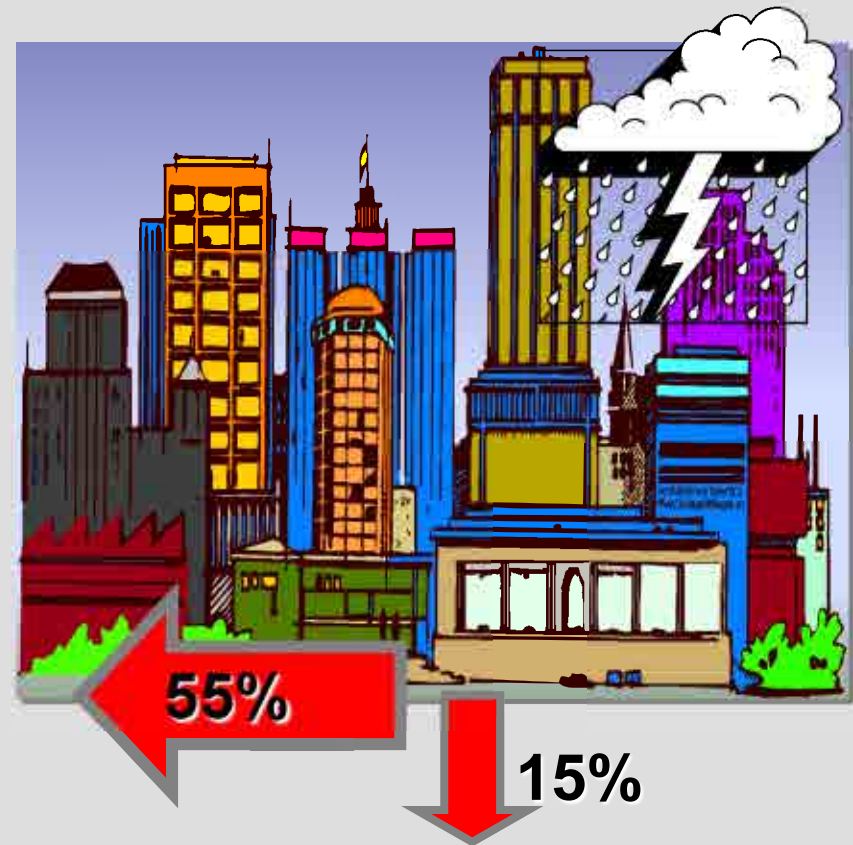
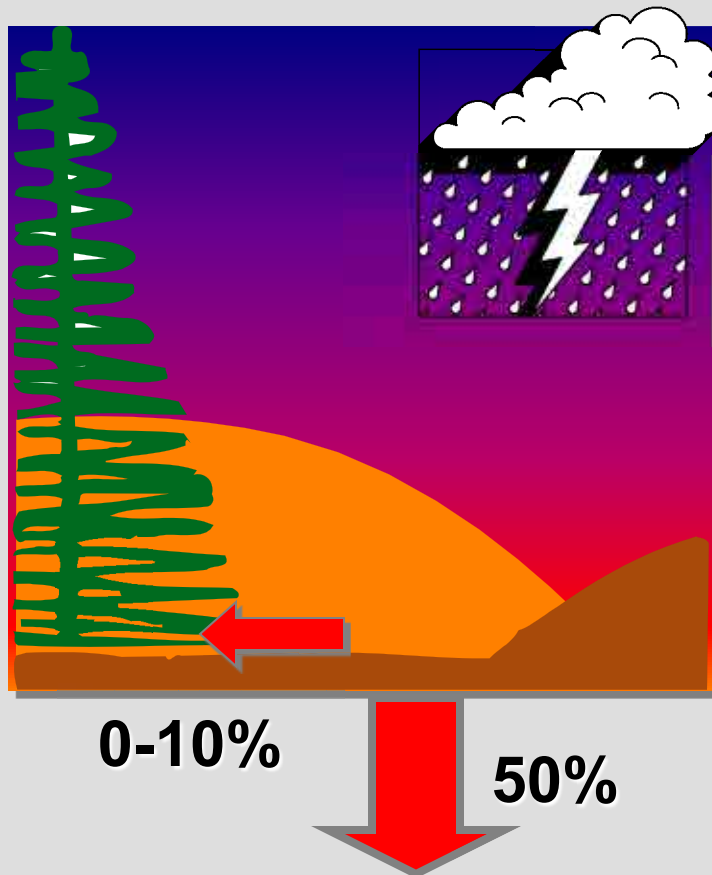


## 40% OF MINNESOTA SURFACE WATERS ARE FOUND TO BE IMPAIRED

- **2008 Impaired Waters List (303d)**
  - 2,575 impairments
  
- **2010 Impaired Waters List (303d)**
  - 3,049 impairments
  
- **2012 Impaired Waters List (303d)**
  - 3,638 impairments
  
- **2014 Impaired Waters List (303d)**
  - 4,122 impairments
  
- **2016 Impaired Waters List (303d)**
  - 4,607 impairments
  
- **2018 Impaired Waters List (303d)**
  - 5,086 impairments



## Development Impacts on the Water Cycle

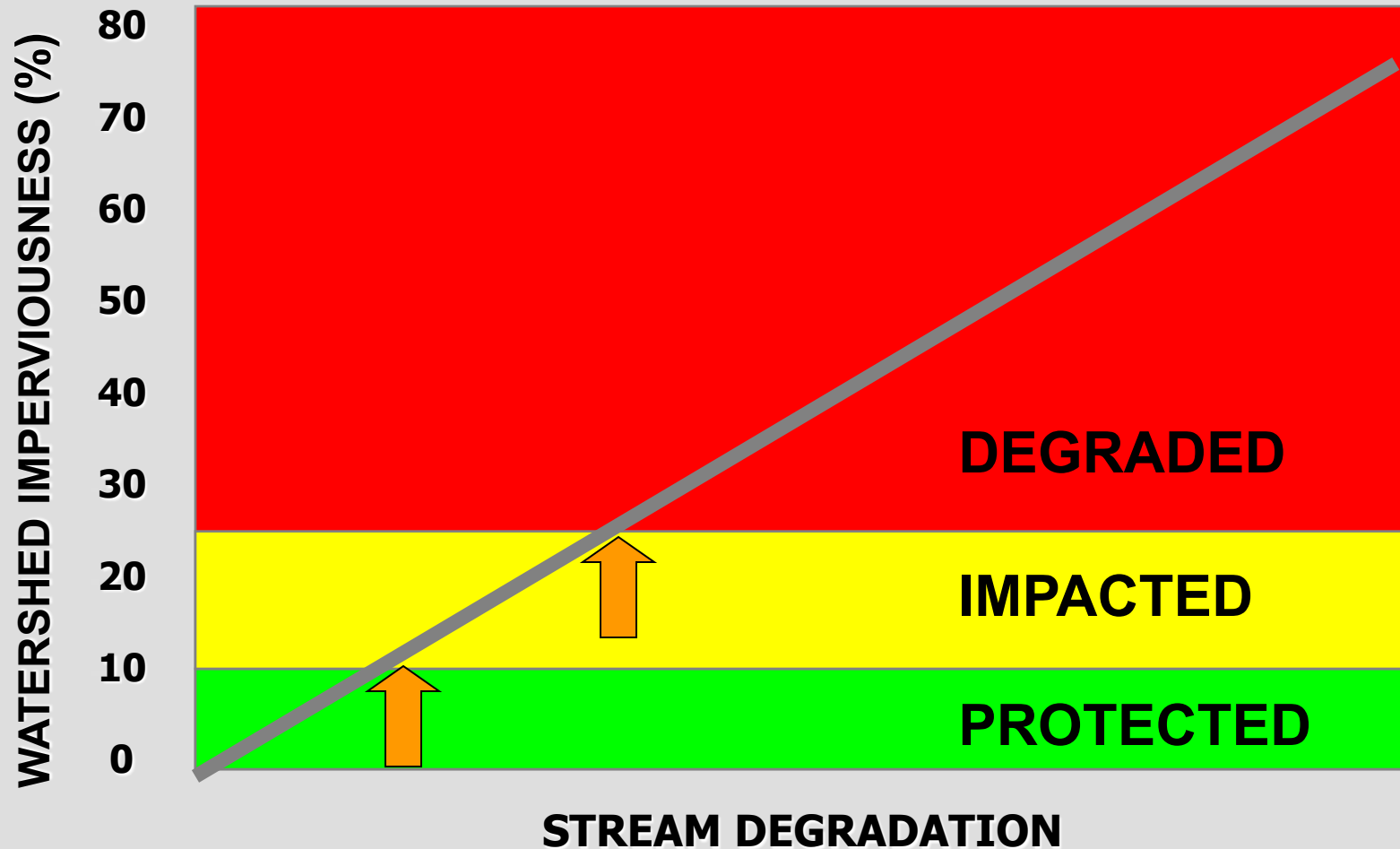




# IMPERVIOUS SURFACES



Materials like cement, asphalt, roofing, and compacted soil that prevent percolation of runoff into the ground.



# WATER QUANTITY IMPACTS

- Disruption of Natural Water Balance
- Increased Flood Peaks
- Increased Duration of Flows
- Streambank Erosion
- Habitat Loss
- Lower Summer Base Flows





# WATER QUALITY IMPACTS

Nutrients

Pathogens

**Sediment**

Toxic Contaminants

Debris

Thermal Stress



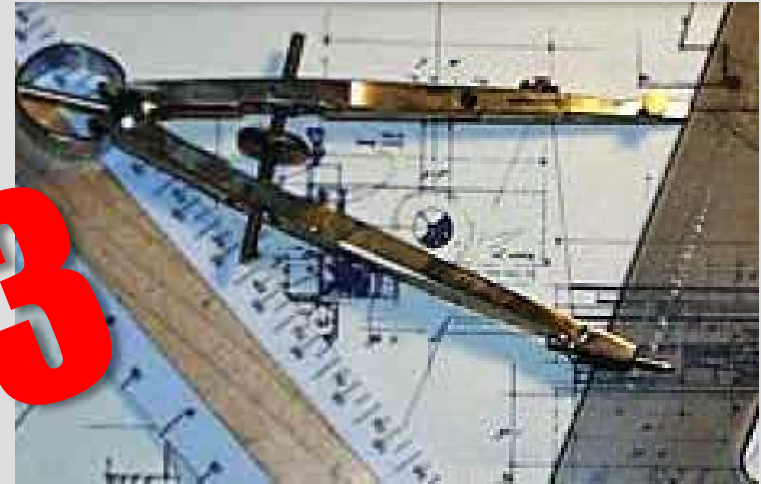
**Increased quantity**  
**Decreased quality**

**A BIG IMPACT...**



## National Urban Runoff Program

**1983**



- Technical studies that compiled data about urban runoff
- Resulted in treatment recommendations and easy to apply standards for design and review
- Led to proliferation of ponds

**FACT: A Canada Goose Can poop up  
to 92 times a day**

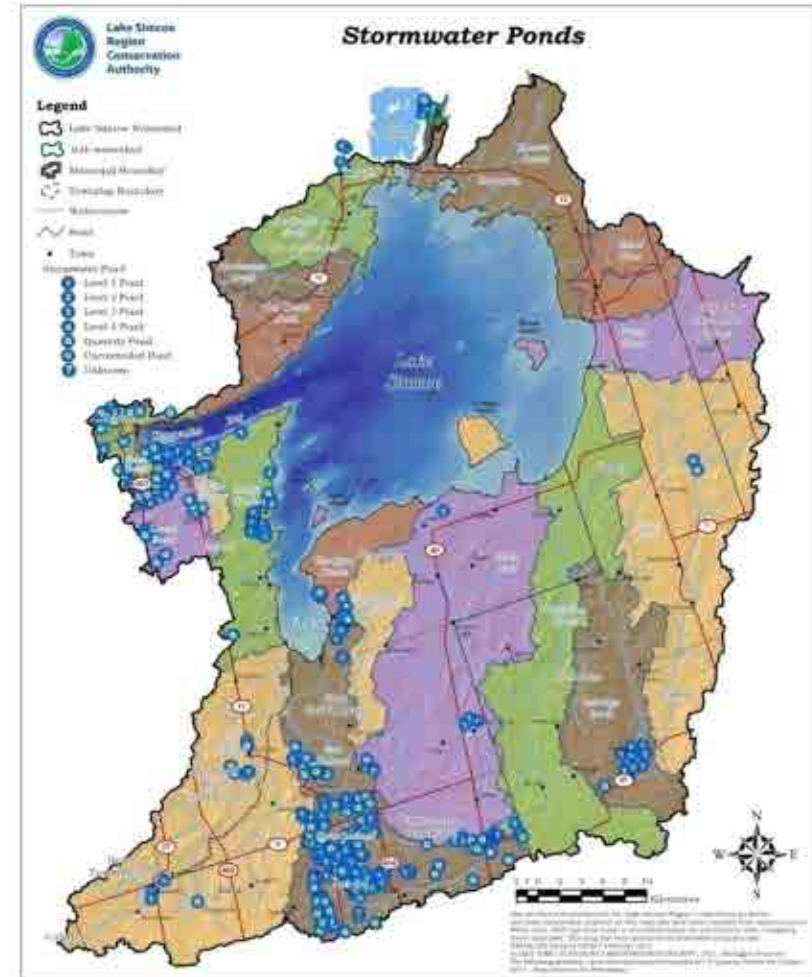
**FACT: One adult goose drops 2 lbs of poop per day**





# Need for Change: Current SWM Practices

- Since 1995 all new development has been required to install stormwater controls, (stormwater ponds),
- Despite this the health and quality of many urban rivers and streams continues to decline,
- In 2010 a study was conducted to answer the question: Are stormwater ponds working?



# Are Stormwater Ponds Working?

## Maintenance

- Lack of pond maintenance decreases the available storage volume increasing the risk of flooding.



- 56 of the 98 ponds require maintenance at an estimated cost of \$18.5 million.
- Assumes the 50,000 m<sup>3</sup> is not contaminated.

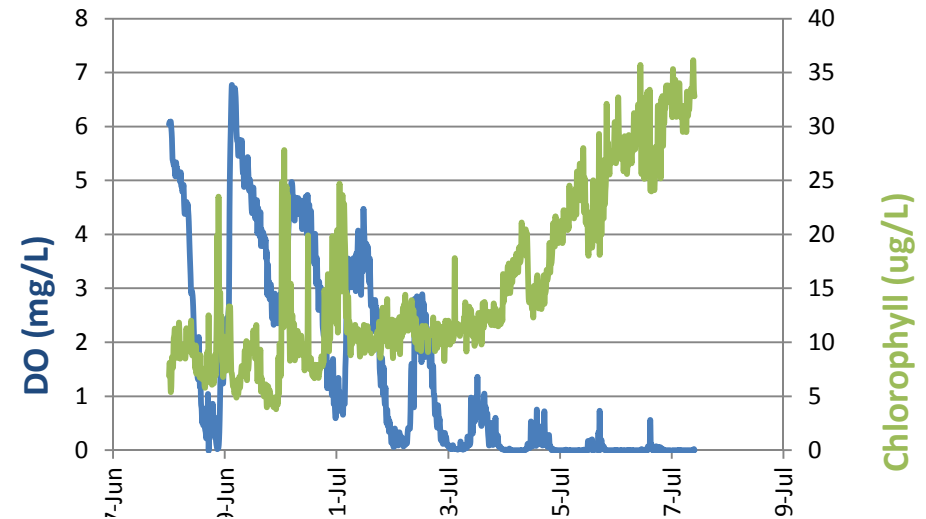
## Nutrient Attenuation

- Lack of maintenance results in 1.1 T/y loading increase, 1.5% of total annual phosphorus load,



## Anoxic Nutrient Release

- Under low oxygen soluble phosphorus can be released from the sediment turning stormwater ponds into nutrient sources.



# Risk Management and Liability

- Municipalities and CA's have a legal obligations,
- Section 21 of the Conservation Authorities Act the LSRCA has the power to control surface waters to reduce their adverse impact and prevent flooding,
- Climate change is dramatically increasing this risk.



## Minnesota cities sue refiners over cost of cleaning up polluted stormwater ponds

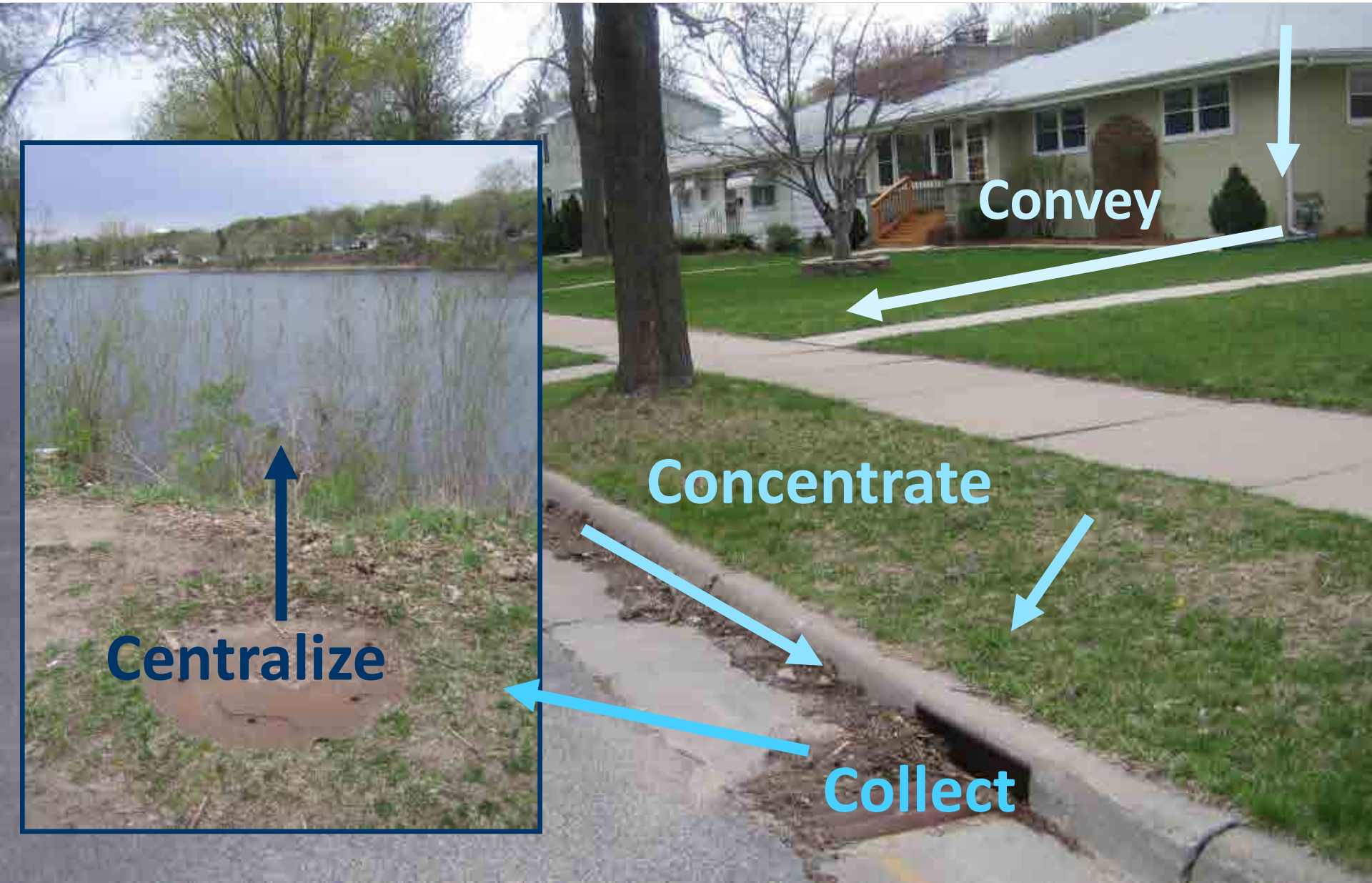
Seven cities say cleanup of carcinogenic chemicals should rest with manufacturers.

By [Chris Serres](#) Star Tribune

JANUARY 2, 2019 — 8:21PM



# Traditional Stormwater Management



## Urban Stormwater Management in the United States

The rapid conversion of land to urban and suburban areas has profoundly altered how water flows during and following storm events, putting higher volumes of water and more pollutants into the nation's rivers, lakes, and estuaries. These changes have degraded water quality and habitat in virtually every urban stream system. The Clean Water Act regulatory framework for addressing sewage and industrial wastes is not well suited to the more difficult problem of stormwater discharges. This report calls for an entirely new permitting structure that would put authority and accountability for stormwater discharges at the municipal level. A number of additional actions, such as conserving natural areas, reducing hard surface cover (e.g., roads and parking lots), and retrofitting urban areas with features that hold and treat stormwater, are recommended.

Stormwater has long been regarded as a major culprit in urban flooding, but only in the past 30 years have policymakers appreciated its significant role in degrading the streams, rivers, lakes, and other waterbodies in urban and suburban areas. Large volumes of rapidly moving stormwater can harm species habitat and pollute sensitive drinking water sources, among other impacts. Urban stormwater is estimated to be the primary source of impairment for 13 percent of assessed rivers, 18 percent of lakes, and 32 percent of estuaries—significant numbers given that urban areas cover only 3 percent of the land mass of the United States.

Urbanization—the conversion of forests and agricultural land to suburban and urban areas—is proceeding at an unprecedented pace in the United States. Stormwater discharges have emerged as a problem because the flow of water is dramatically altered as land is urbanized. Typically, vegetation and topsoil are removed to make way for buildings, roads, and other infrastructure, and drainage networks are installed. The loss of the water-retaining functions of soil and vegetation causes stormwater to reach streams in short concentrated bursts. In addition, roads, parking lots, and other “impervious surfaces” channel and speed the flow of water to streams. When combined with pollutants from lawns, motor vehicles, domesticated animals, industries, and other urban sources that are picked up by the stormwater, these changes have led to water quality degradation in virtually all urban streams.

In 1987 Congress wrote a new section into the Clean Water Act's National Pollutant Discharge Elimination System to help address the role of stormwater in impairing water quality. This system, which is enforced by the U.S. Environmental Protection Agency (EPA), has focused on reducing pollutants from industrial process wastewater and municipal sewage discharges—“point sources” of pollution that are relatively straightforward to regulate. Under the new “stormwater program,”



Photo by Roger Bannerman

“Past practices...have been ineffective at protecting water quality in receiving waters and only partially effective in meeting flood control requirements”

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“Stormwater control measures that harvest, infiltrate, and evapotranspirate stormwater are critical to reducing the volume and pollutant loading of small storms”



# STORMWATER MANAGEMENT

## Infiltration



## Conveyance



## Filtration



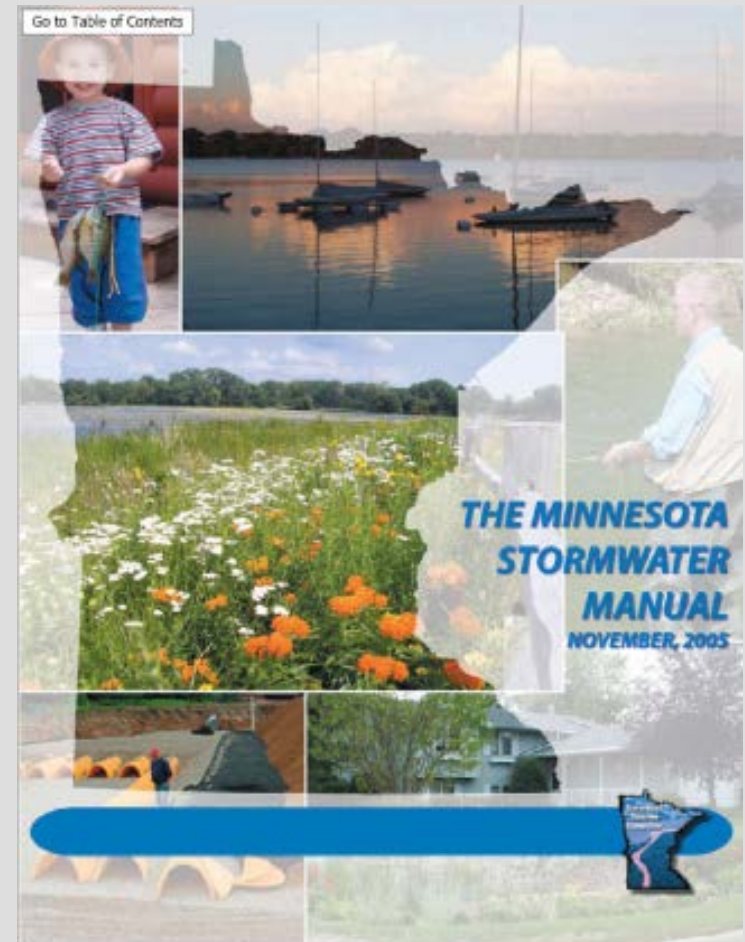
## Temporary Storage



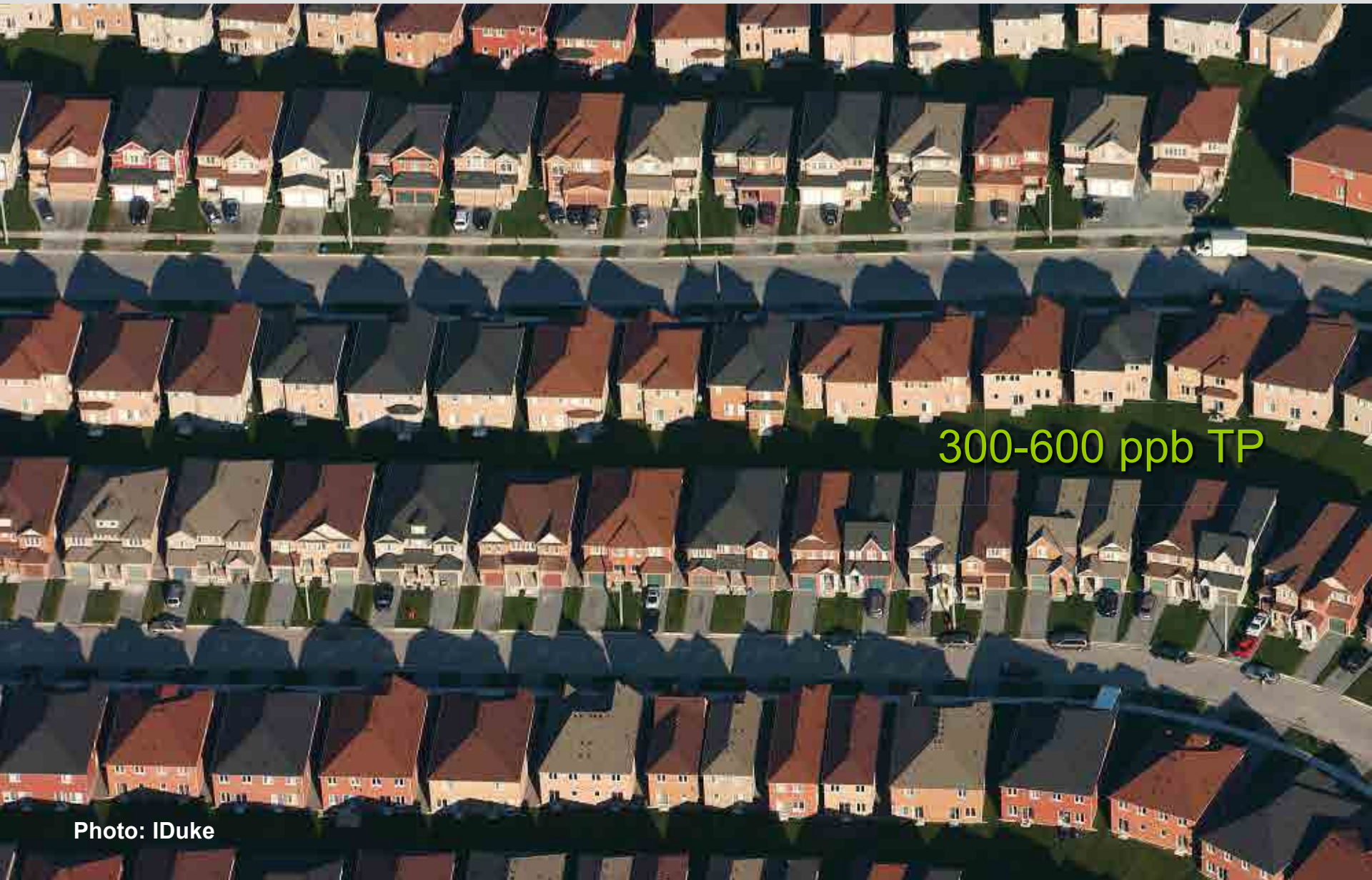
# A PARADIGM SHIFT

Now changing to focus on water quality, primarily through small event volume control.

Rain events between 12 and 38 mm are responsible for about **75% of runoff pollutant discharge** – “First Flush”



# THE CHALLENGE: How do you make this.



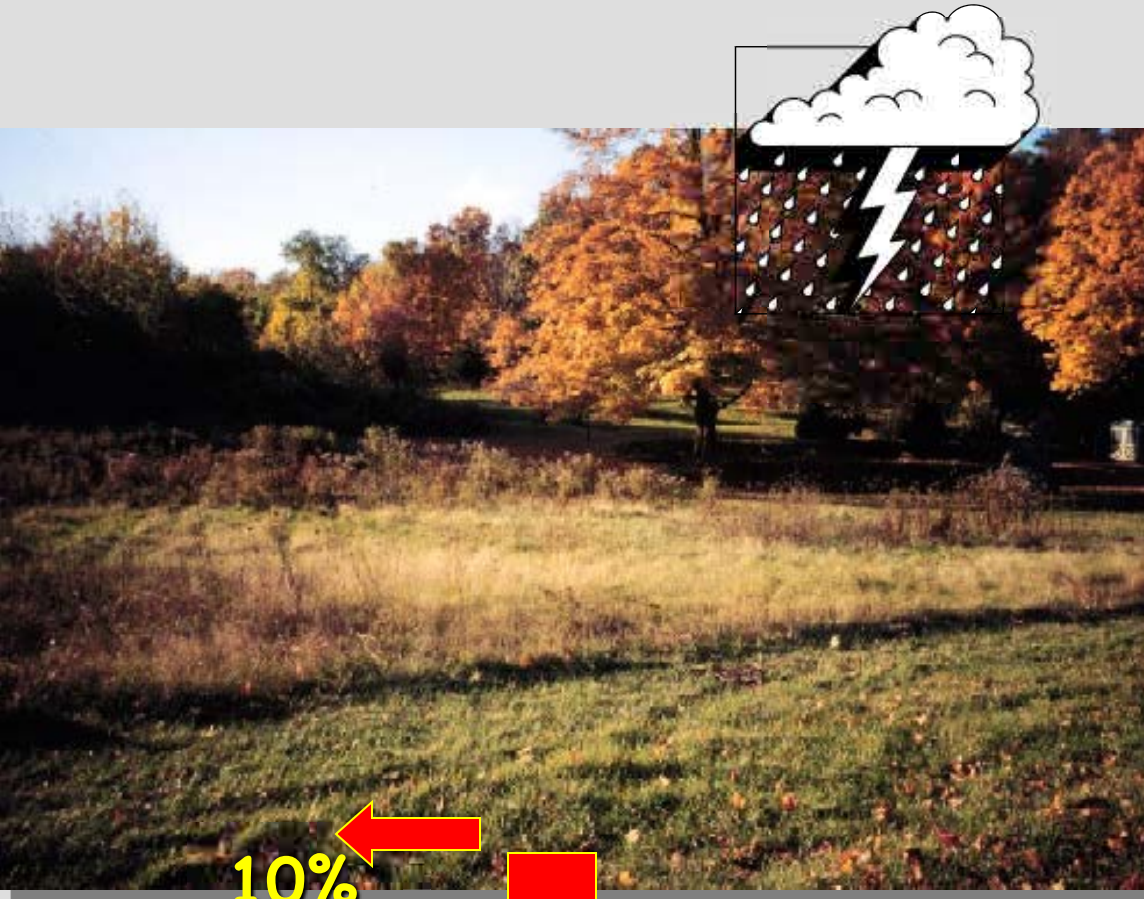
300-600 ppb TP

Function like *this*?

Photo: US Fish & Wildlife Service

20-50 ppb TP



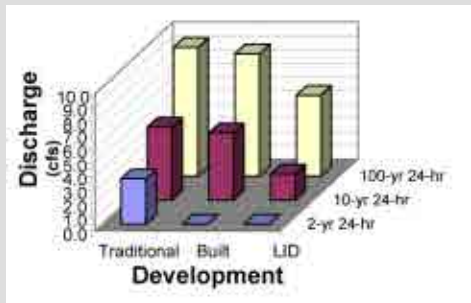


**Retain & Restore  
the Natural  
Landscape**

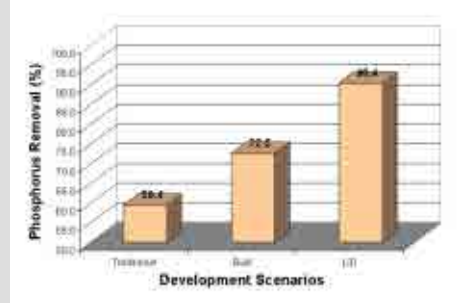
# Low Impact Development (LID)



## Conventional Development



## Low Impact Development



**Design each development site to protect, or restore, the natural hydrology of the site so that the overall integrity of the watershed is protected. This is done by creating a “hydrologically” functional landscape.**

# Low Impact Development (LID)

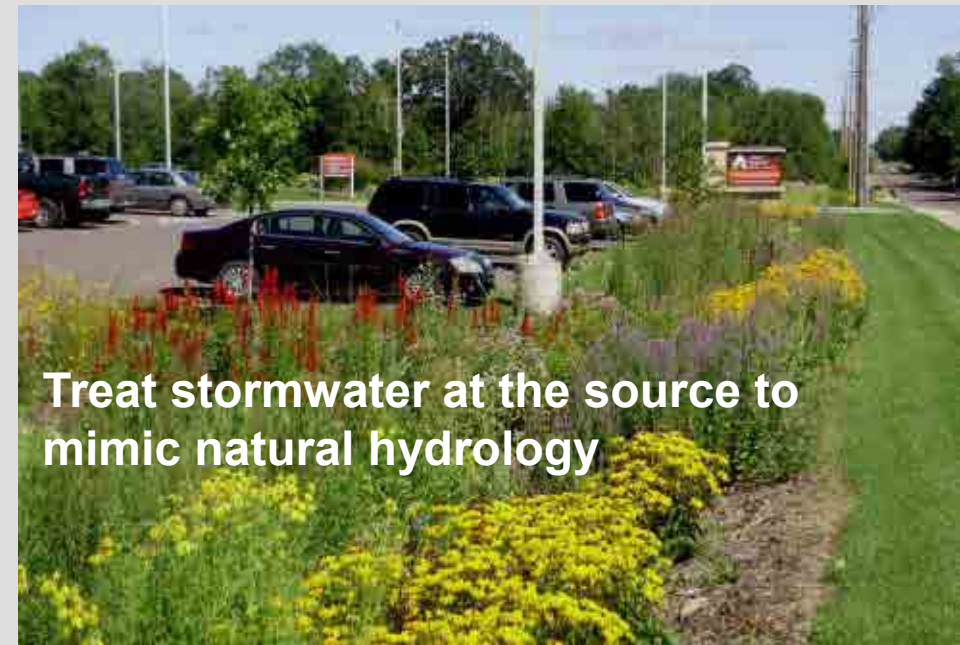
**Conserve natural areas and  
maintain natural drainage patterns**



**Minimize development impacts**



**Keep soils healthy**



**Treat stormwater at the source to  
mimic natural hydrology**



## Planning/ Design

### Cluster Development, Conservation Design

- Minimize total disturbed area
- Protect natural flow pathways
- Protect riparian buffer areas
- Protect sensitive areas
- Reduce impervious areas
- Impervious disconnection



## **Infiltration practices**

**Bioretention (rain gardens, urban forestry)**

**Infiltration trenches**

**Detention basins with infiltration design**

**Vegetated swales, filter strips, biofiltration**

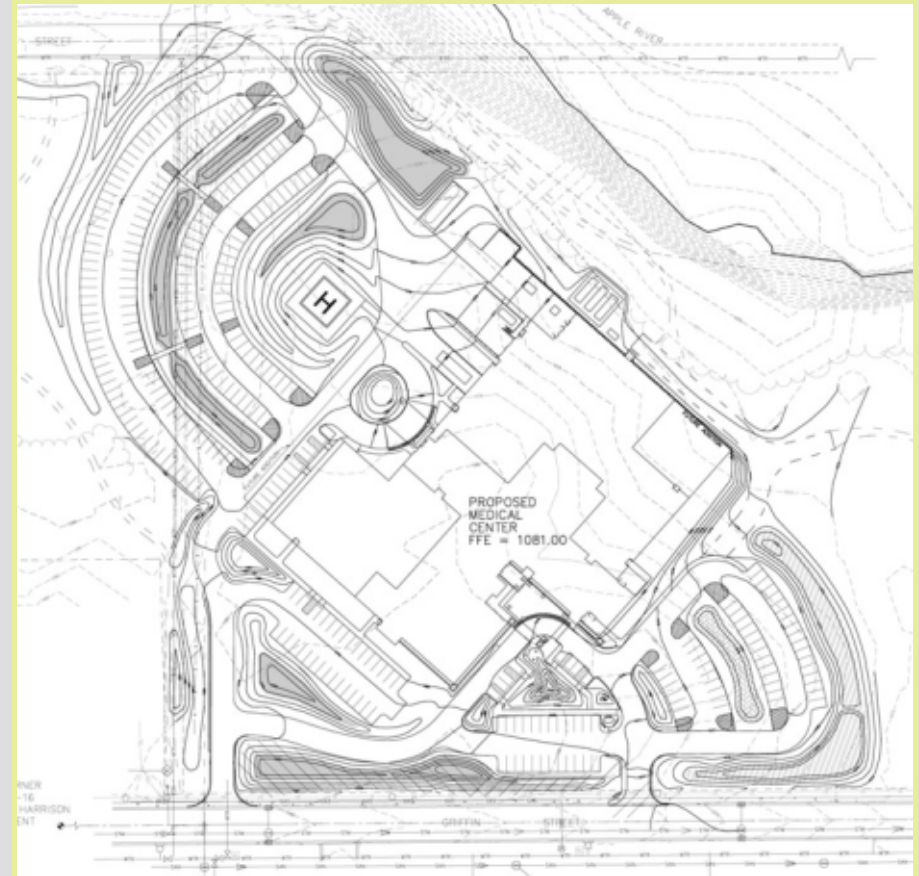
**Vegetation: native landscaping, trees (uptake and evapotranspiration)**

**Green Roofs**

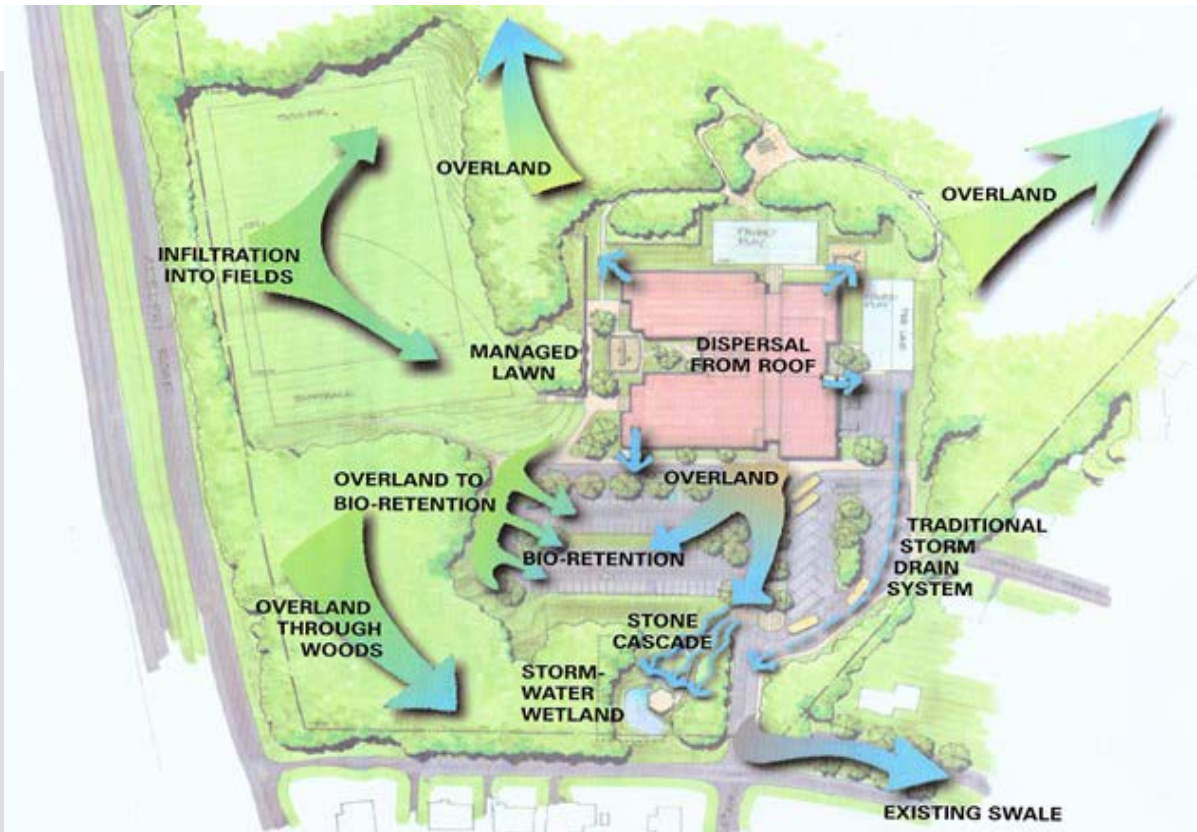
**Capture / Reuse (cisterns, rain barrels, ponds)**

**Permeable hard surfaces (pavers, roads, parking, driveways, sidewalks)**

**Landscaping Soil Quality: protection or restoration (amendments, de-compaction)**



# Creating Functional & Sustainable Landscapes



Green roof



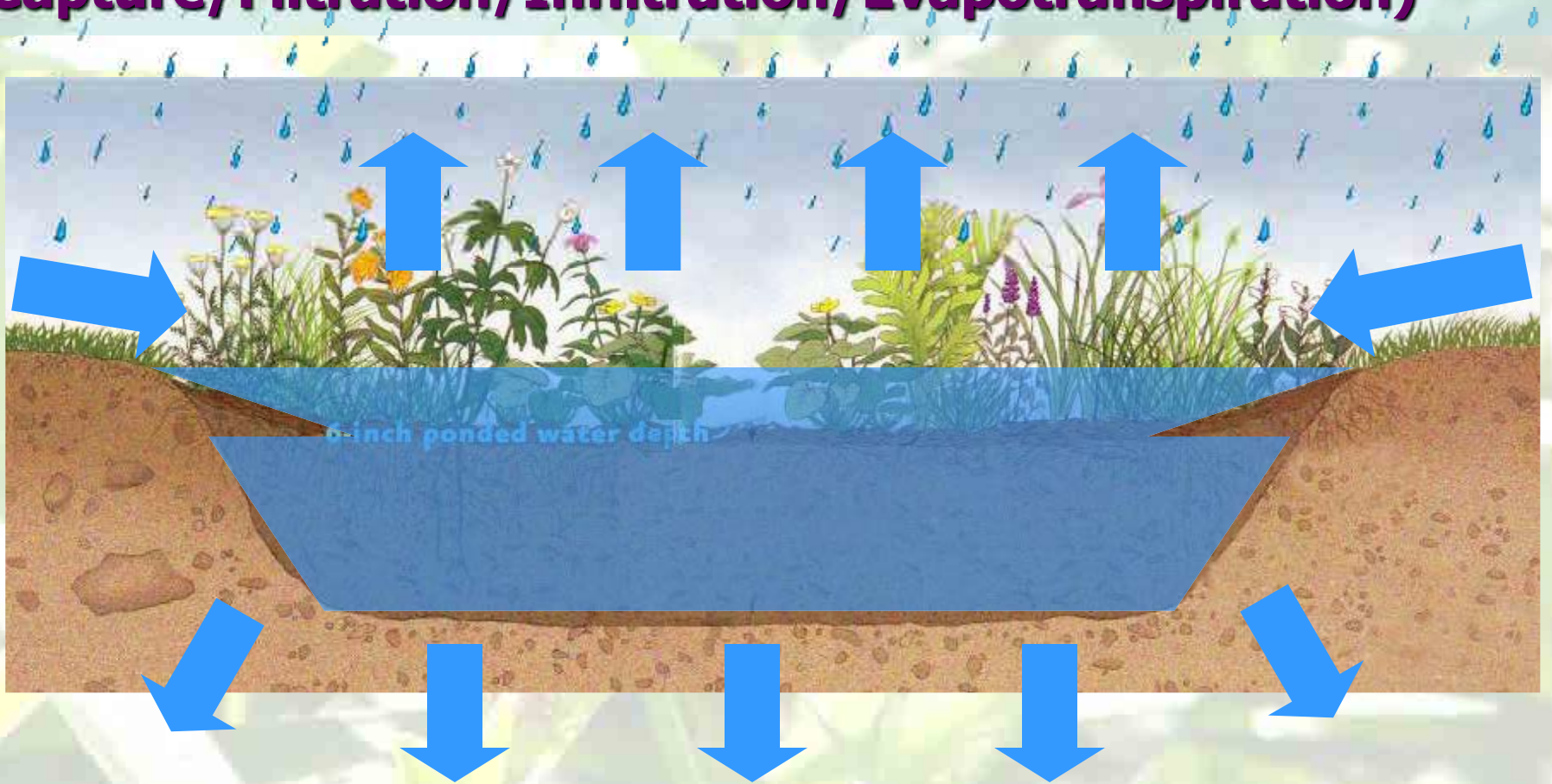
Bioretention



Site accommodates many different techniques

# Bioretention / Raingardens

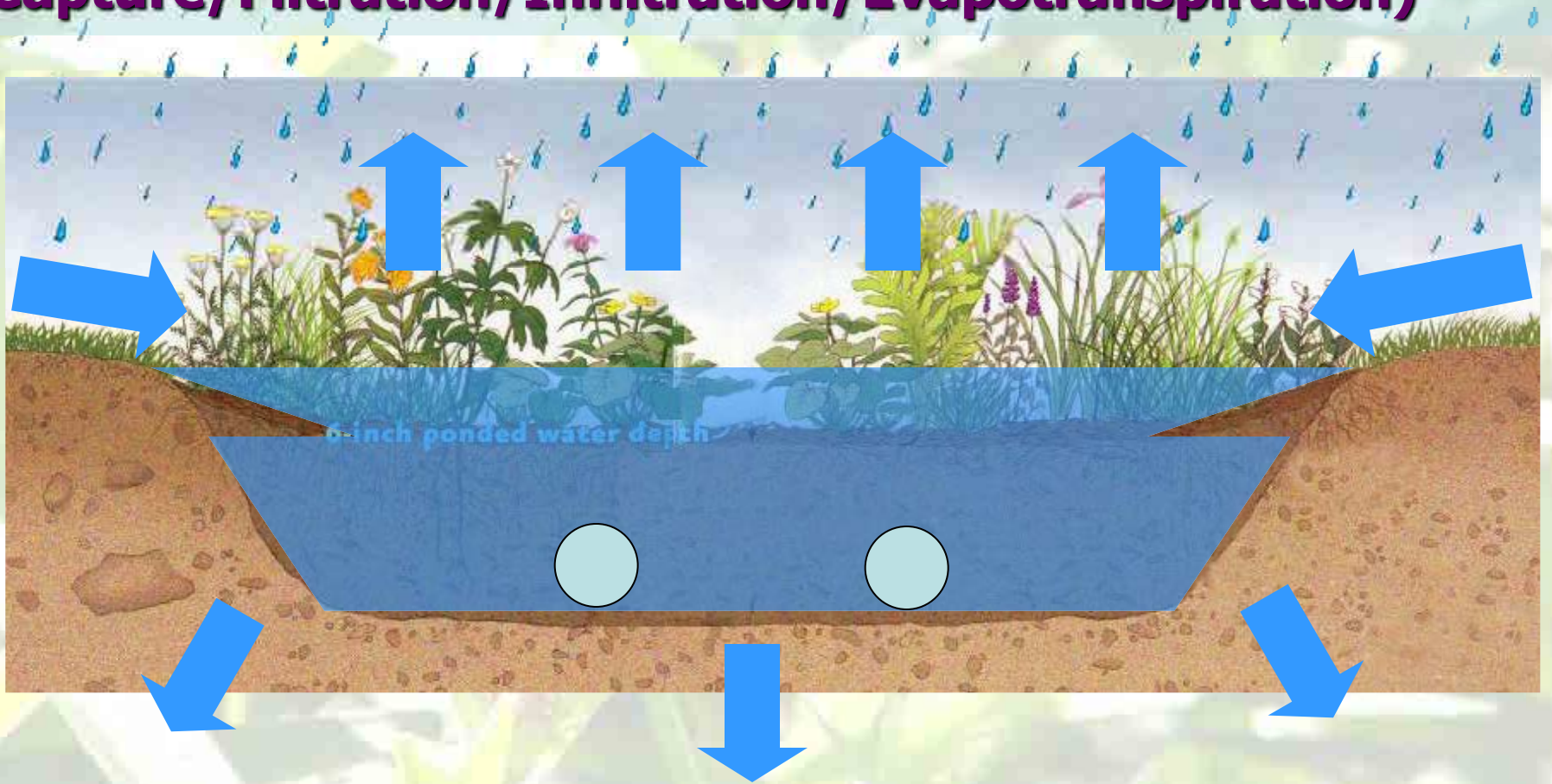
(Capture / Filtration / Infiltration / Evapotranspiration)



Just like a regular planting, but able to absorb rainwater and breakdown pollutants

# Bioretention / Raingardens

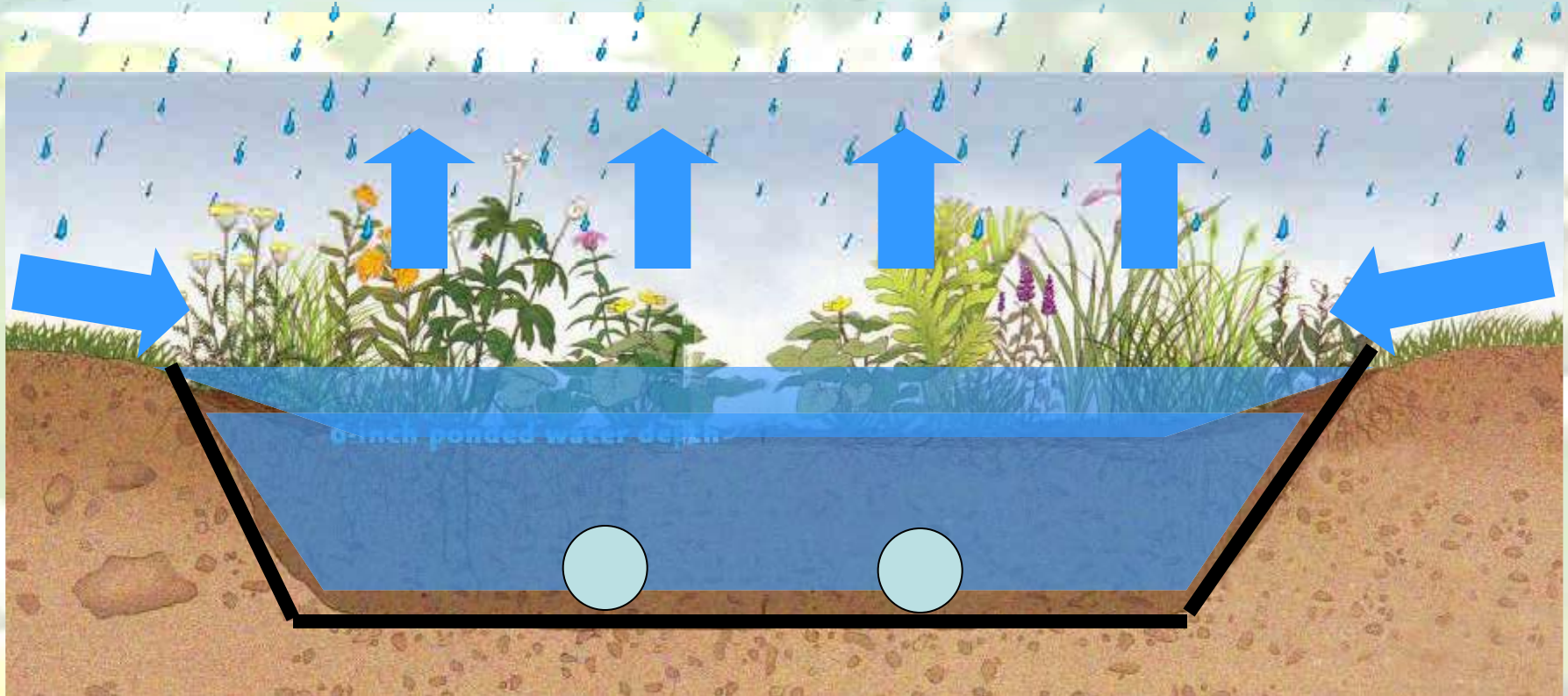
(Capture / Filtration / Infiltration / Evapotranspiration)



Just like a regular planting, but able to absorb rainwater and breakdown pollutants

# Bioretention / Raingardens

(Capture / Filtration / Evapotranspiration)



Just like a regular planting, but able to absorb rainwater and breakdown pollutants

# BIG BENEFITS



Research increasingly shows  
the benefits of:

**vegetated vs. piped systems**



**open vs. closed systems**



**Infiltration/retention vs. detention**

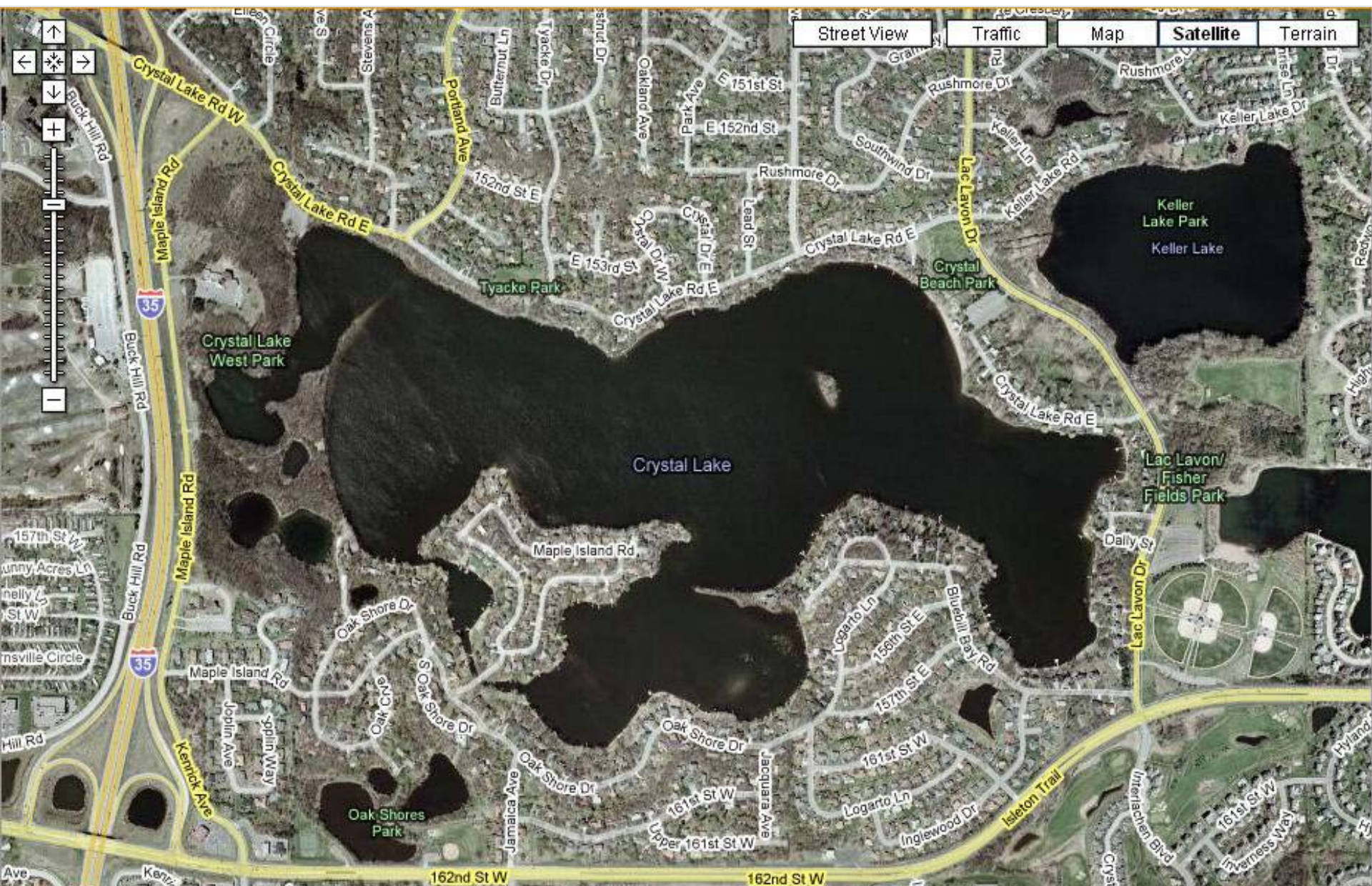
# Misconceptions in Volume Retention LID



- They do not perform well in **cold climates**
- They do not play a role in **flood mitigation**
- They are not as efficient as pipe replacement for **under-sized systems**
- They are very **expensive to maintain**
- They **lose efficiency** with time



# CRYSTAL LAKE: A Case Study



# Burnsville, MN: Rushmore Street



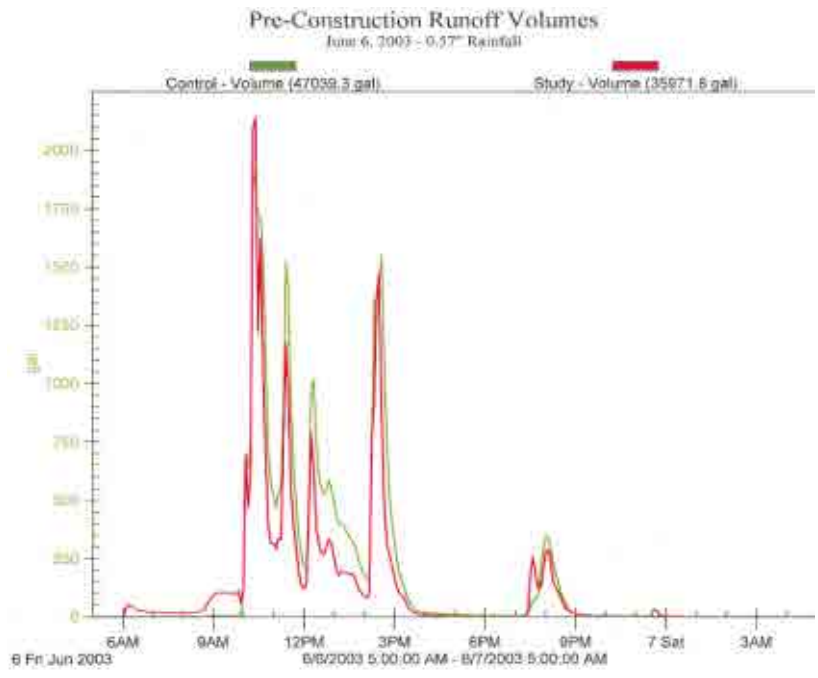
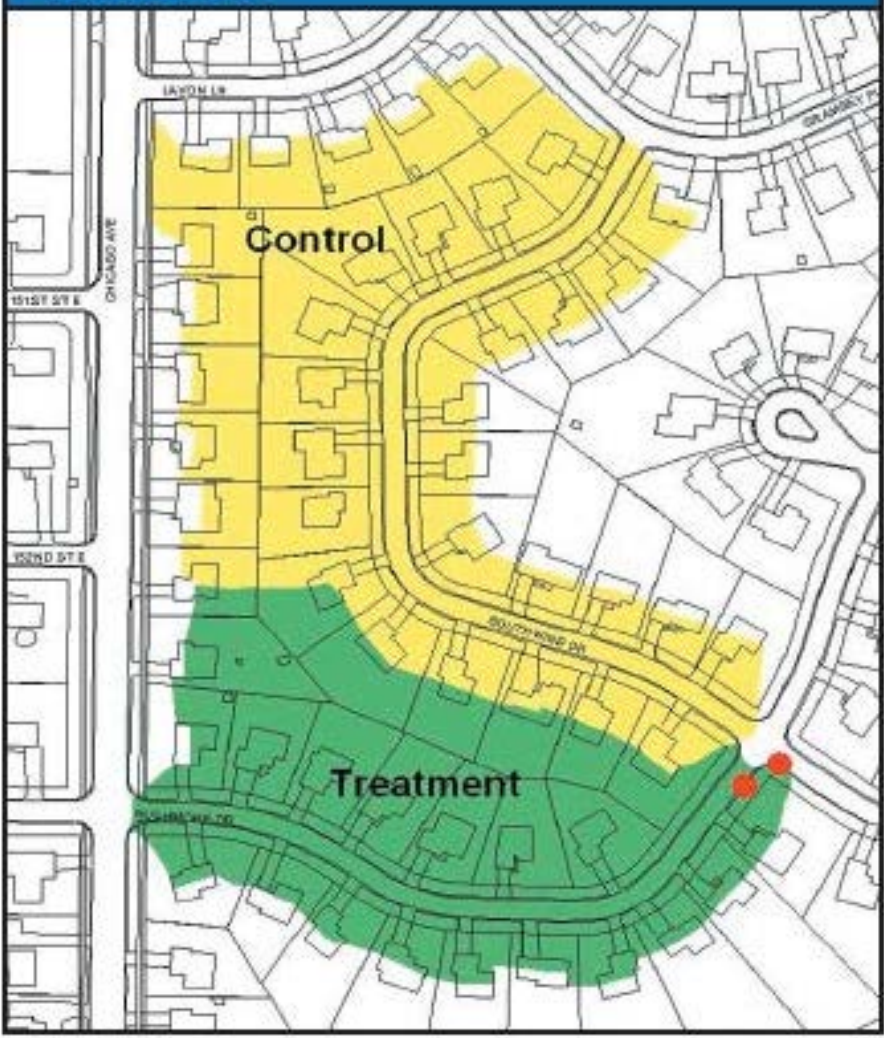
## Burnsville – Rushmore Street

5.3 acres – 25 homes – 17 raingardens

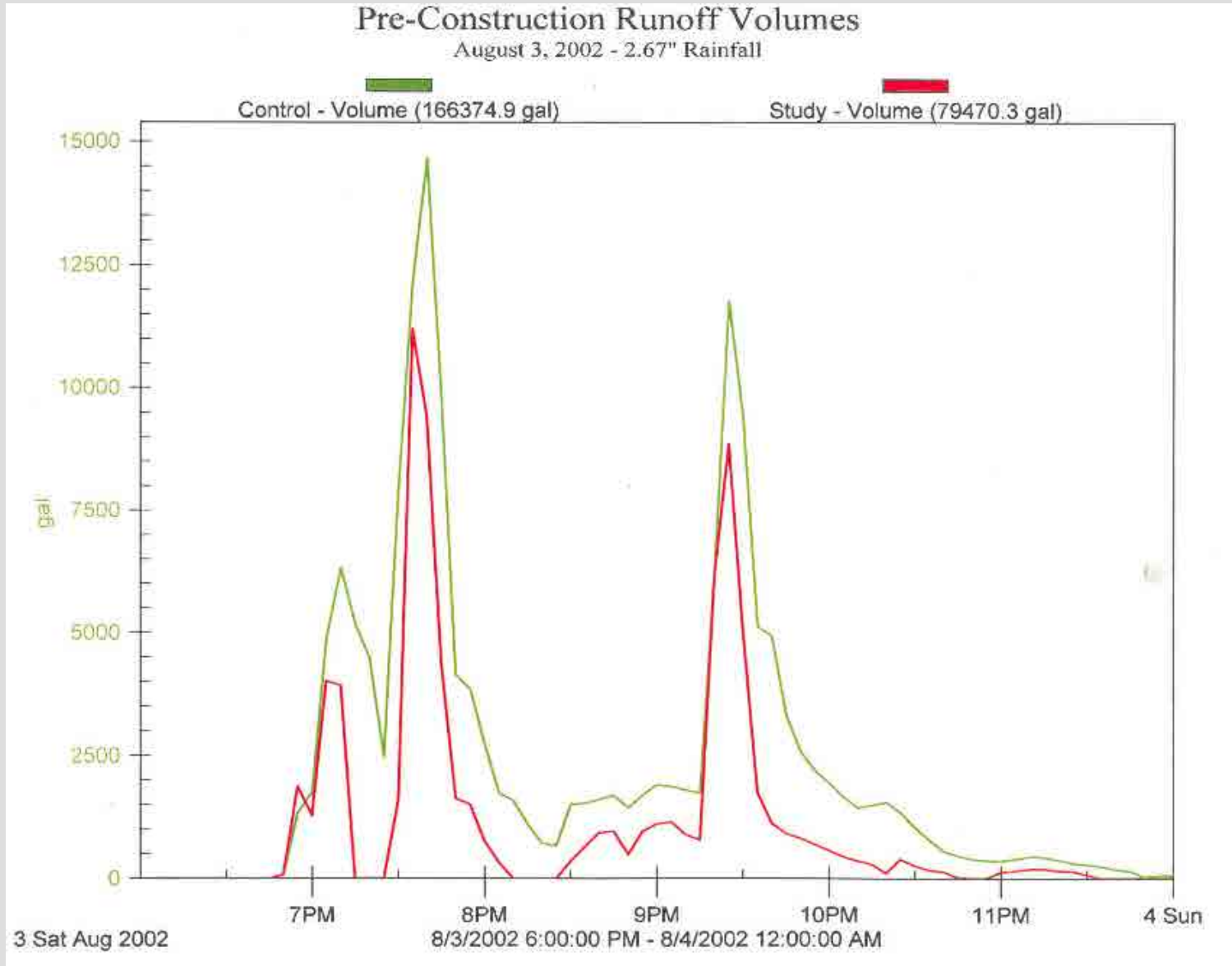
Designed by: Barr Engineering

# MONITORING RESULTS

Figure 14.2 Control and Treatment Watersheds



# Pre-Construction Runoff Volumes



# Post-Construction Runoff Volumes

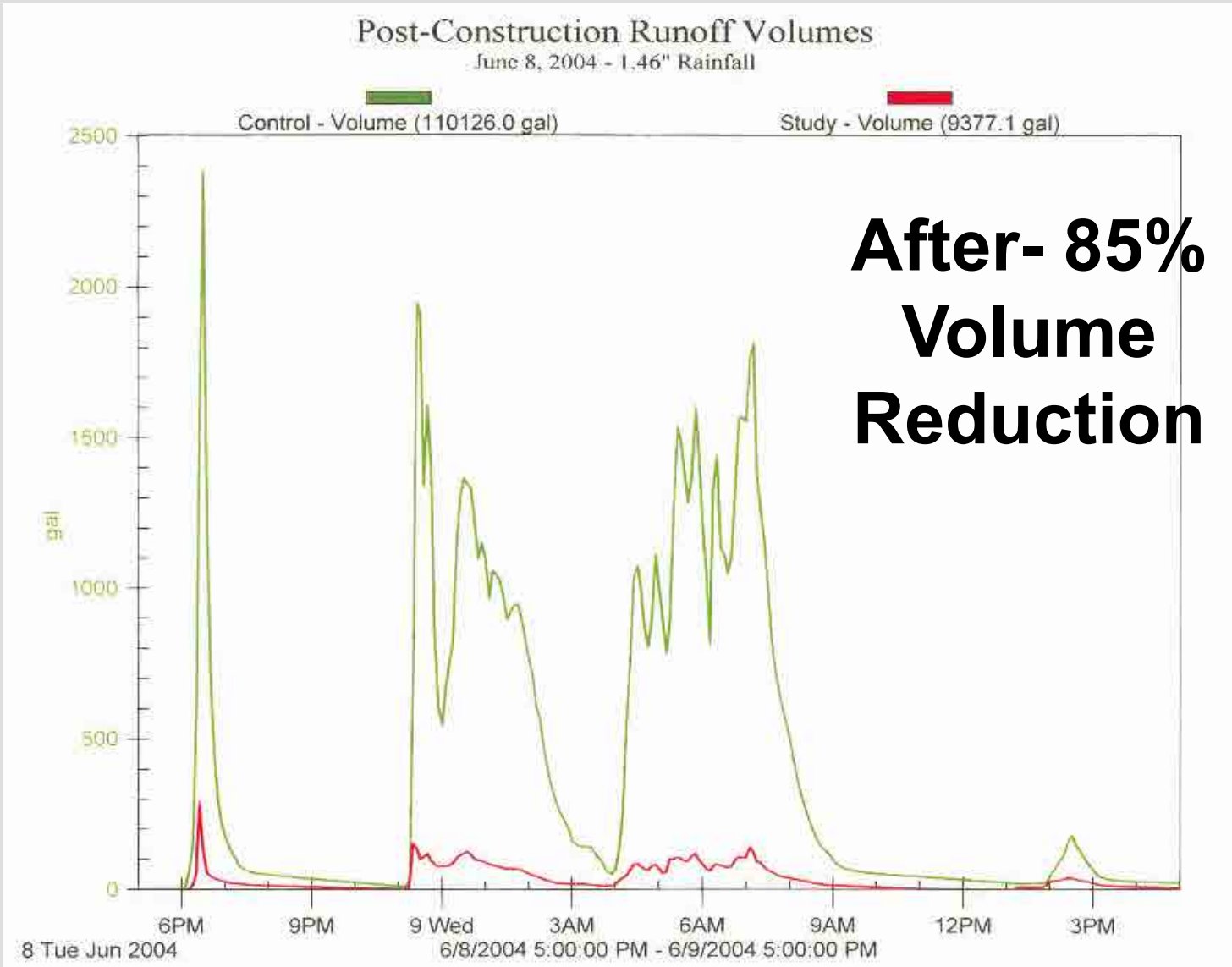


photo: City of Burnsville



**BEFORE**

photo: Fred Rozumalski



AFTER

# THE GREEN LINE: A Case Study

**University Avenue  
Light Rail Project**

**Connecting  
Minneapolis to  
Saint Paul**

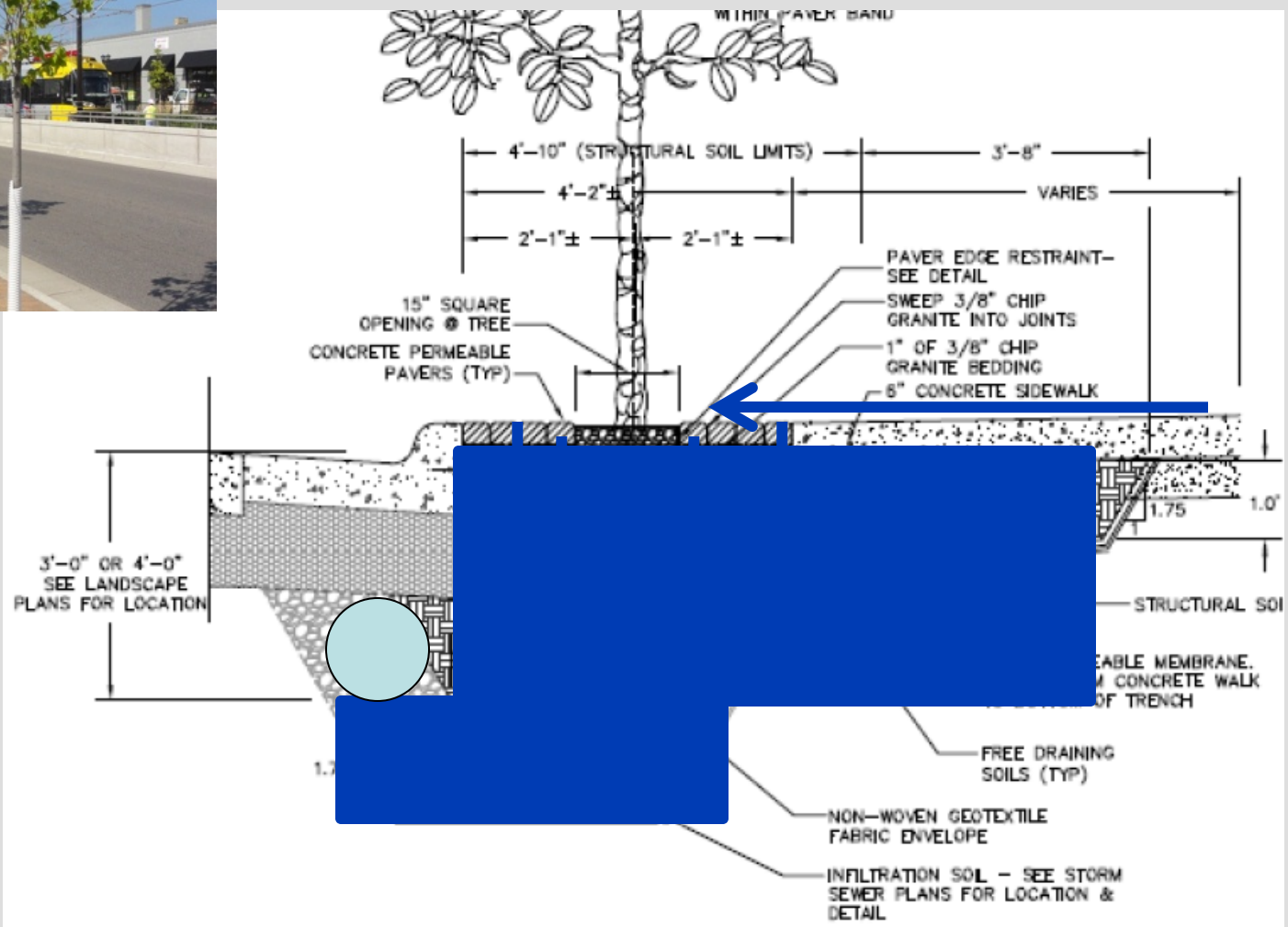
**6-mile Linear  
Project**

**Ultra Urban**





# LINEAR TREE TRENCHES



# MAPLEWOOD MALL: A Case Study



**1974: Mall Opened**

**2010: Parking Lot Stormwater Retrofit**

**BEFORE:**

**7 Acres Impervious**

**Severely  
compacted soils**



# SUBURBAN PARKING LOT RETROFIT



- 55 Rainwater gardens (19 enhanced sand filters)
- 6,733 SF Permeable Pavers
- 1 Mile of Tree Trenches
- 375 New Trees
- 20 million gallons of stormwater intercepted each year (67% of total)



# Como Lake Area Background:



## Historic Residential Community & Regional Recreational Amenity:

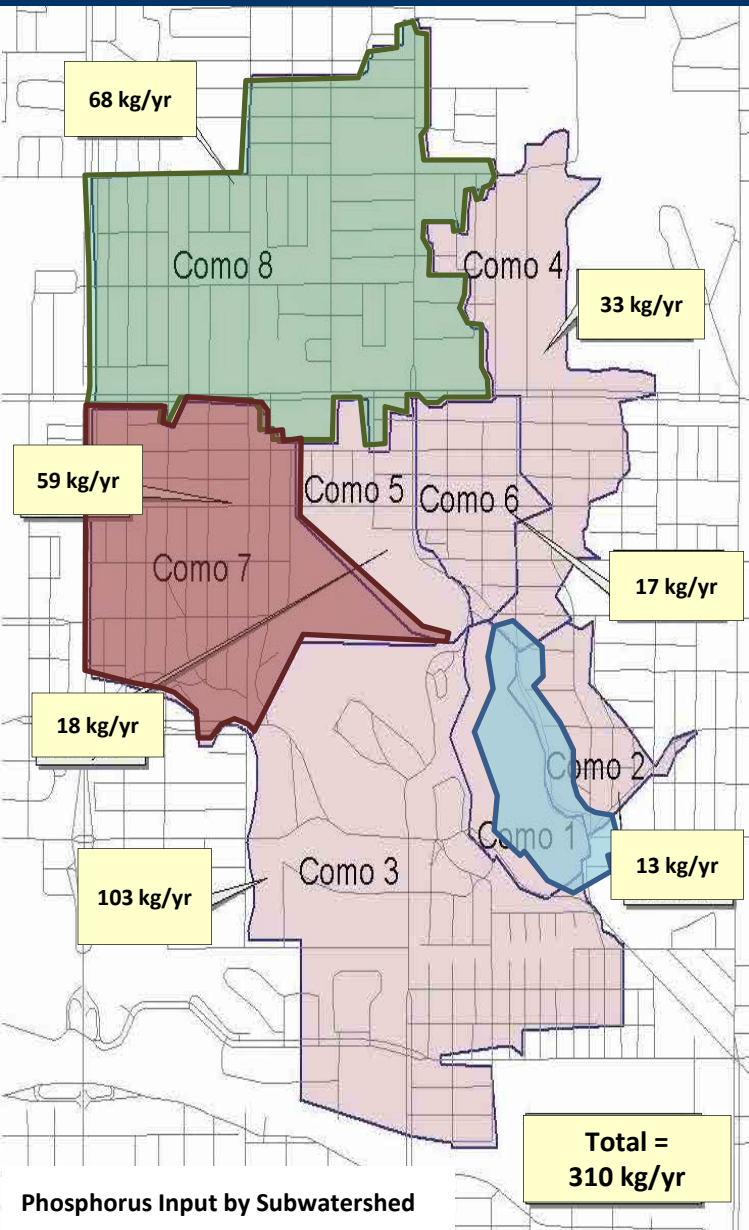
- **100 year** old neighborhoods
- Como Lake (41 ha) served as a celebrated **recreation amenity** for the growing City of St. Paul
- Como Lake and the Como Park area is a major recreational destination with over **1.9 million visitors a year**

# History: Big Picture Planning to Construction



- **CRWD Watershed Management Plan 2000**
- **Como Lake Strategic Lake Mgmt. Plan 2002**
- **Como7 & 8 Subwatershed Plan/Modeling 2003**
- **BMP Feasibility and Design 2004 - 2006**
- **BMP Construction 2007**
- **Monitoring/Performance Assessment 2007-10**
- **Monitoring/Performance Checking 2011-18**

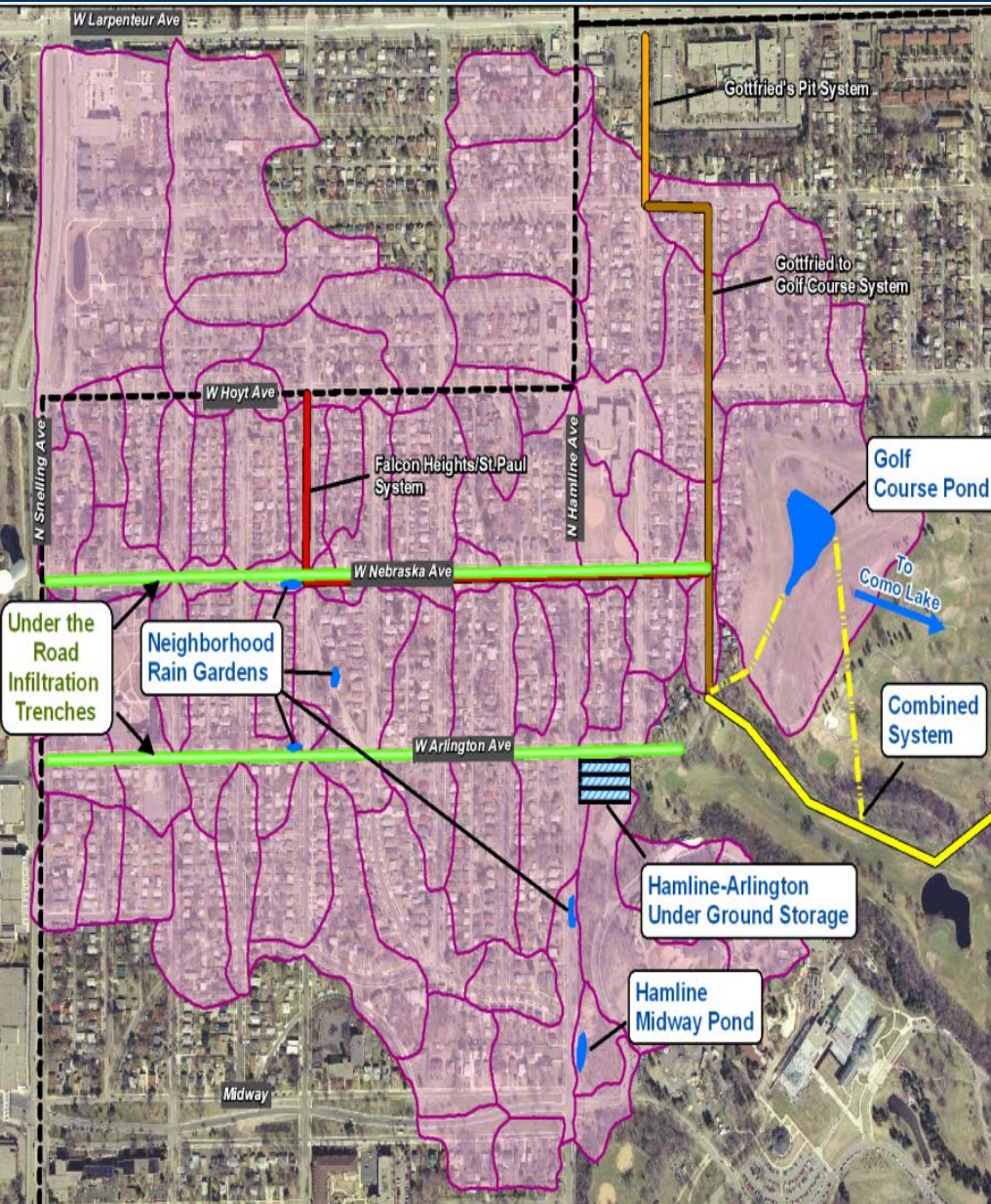
# Como Lake WQ Targets (2002):



- Minimize frequency of nuisance algal blooms
- 60% reduction in P Inputs (186 kg/yr.)
  - 62 kg/yr. *Re-development & Good Housekeeping*
  - 124 kg/yr. *LID/Capital Improvements*

**TP Reduction Goal for Como 7 & 8: 43 kg/yr**

# Como 7 & 8 BMP Goals (2003):



- Achieve **43 kg/year** TP removal
- **Partnering** with City of St. Paul to achieve:
  - Reduction of **local street flooding** without increasing pipe sizes/capacity
  - Eliminate **manhole blow outs** and the need for a 1,525 mm **parallel pipe** (\$2.5 million in savings)
  - Coordinate with St. Paul's **street reconstruction schedule** (50% - 60% cost savings for CRWD)





# Project BMP Components:

## Project BMPs & their drainage areas:

- Golf Course Unlined Pond
- **Underground Infiltration Tank**
- Raingardens (7)  
and Infiltration Basin
- Under-the-Road Linear  
Infiltration Trenches





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- **Under-the-Road Linear  
Infiltration Trenches**



# BMP: Raingardens



# BMP: Raingardens



# BMP: Raingardens



Concept



After

# BMP: Raingarden Pre- Treatment



# BMP: Infiltration Basin





# BMP: Infiltration Basin



# BMP: Infiltration Basin/Signage

## COMO PARK RAIN GARDENS

Capitol Region Watershed District

### RAIN GARDENS

Controlling Water Pollution and Improving Habitat



Runoff soaks into the ground.



### YOU CAN HELP

Every citizen can help prevent pollution in Como Lake.

- Prevent pollution in your own yard by planting a rain garden.
- Rake and bag your leaves from the street in front of your house.
- After mowing, sweep up grass clippings from streets and sidewalks.
- Redirect your gutter downspouts from driveways or alleys onto lawn or garden areas.
- Pick up after your pet.
- Never put anything in a storm drain.

Rain gardens in the Como neighborhood were planted in 2006 to help clean the water in Como Lake. Rain gardens help filter pollution from the stormwater that runs off surrounding streets. This runoff pollutes our lakes and the Mississippi River with too many leaves, road salt, trash, and auto fluids. This garden reduces water pollution by collecting runoff after a rain or snowmelt and allowing it to soak into the ground.

Rain gardens also provide food and habitat for butterflies, birds and other wildlife. Unlike the surrounding turf grass which requires much more upkeep, rain gardens contain plants that need little maintenance once they are established.

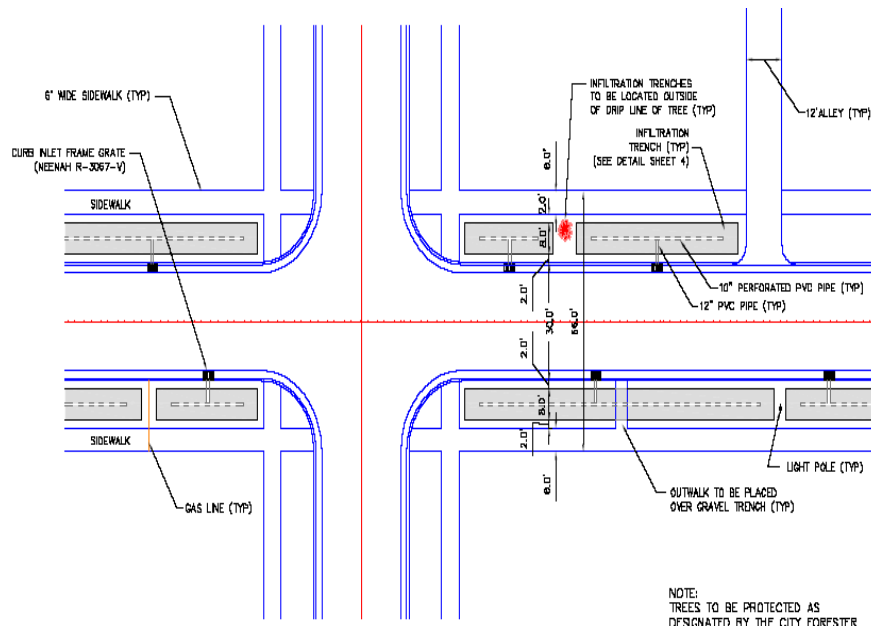
Rain gardens keep about 95% of the runoff pollution entering them from entering lakes and rivers. For more information about the effectiveness of rain gardens, or for rain garden grant information, contact Capitol Region Watershed District at (561) 644-8888 or [ca@crwd.net](mailto:ca@crwd.net).



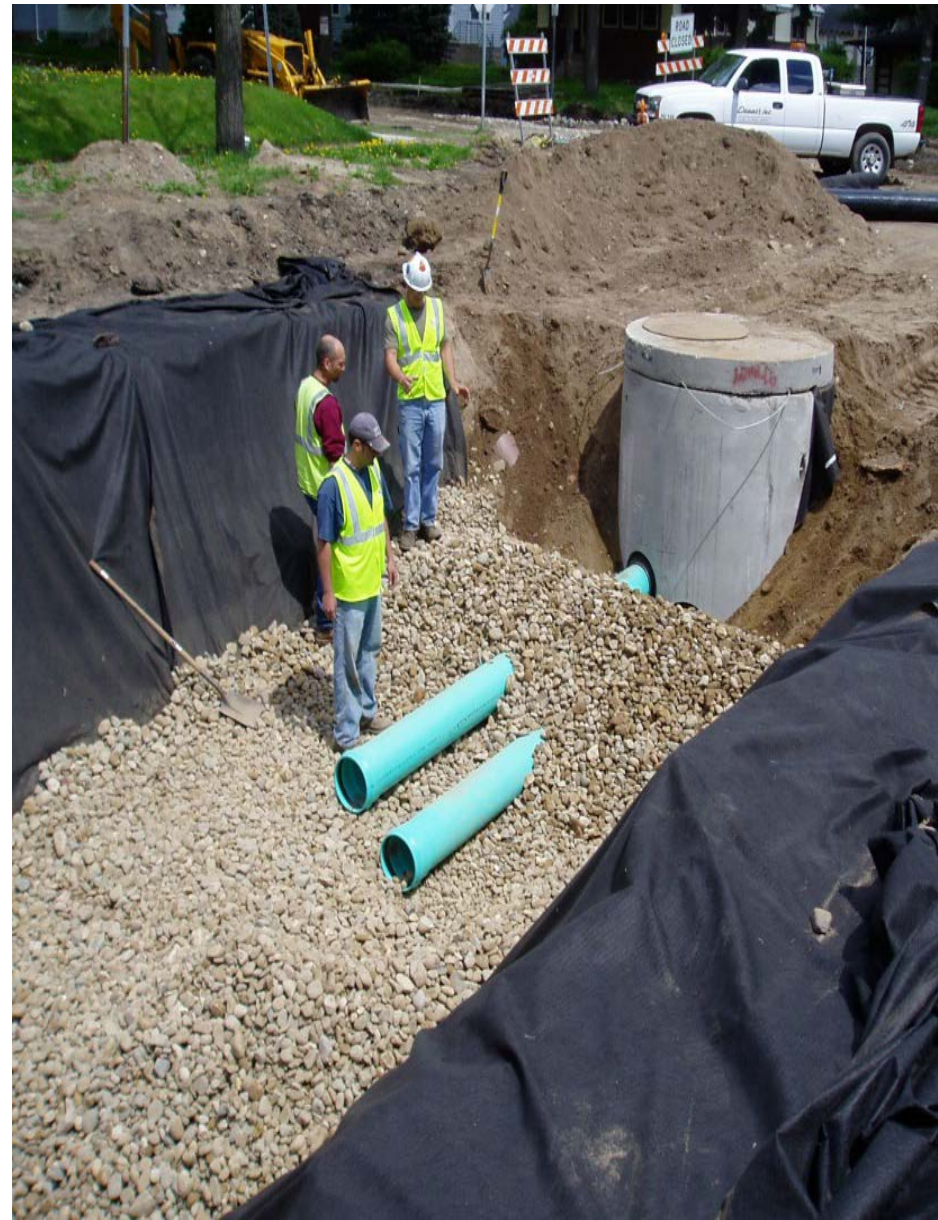
# BMP: UTR Infiltration Trenches



- Originally designed as **boulevard trenches**, yet limited space for open trench
- Reviewed to **underground boulevard** location, yet utilities in the way
- An **under-the-road (UTR) infiltration trench** was the final solution
- **Innovative** concept at the time, and still is



# BMP: UTR Infiltration Trenches



# BMP: UTR Infiltration Trenches



# BMP: Underground Infiltration Tank



- Storage volume: **2,470 m<sup>3</sup>**  
*(largest at that time in the midwest)*
- Drainage Area: **35 ha.**
- **3-year** storm is diverted
- **275m of 3m** diameter, corrugated, perforated metal pipes
- **Hydrodynamic** Pretreatment unit
- Park asked to **keep use** of recreation area

# BMP: Underground Infiltration Tank



# BMP: Underground Infiltration Tank



Pre-treatment Unit



# BMP: Underground Infiltration Tank

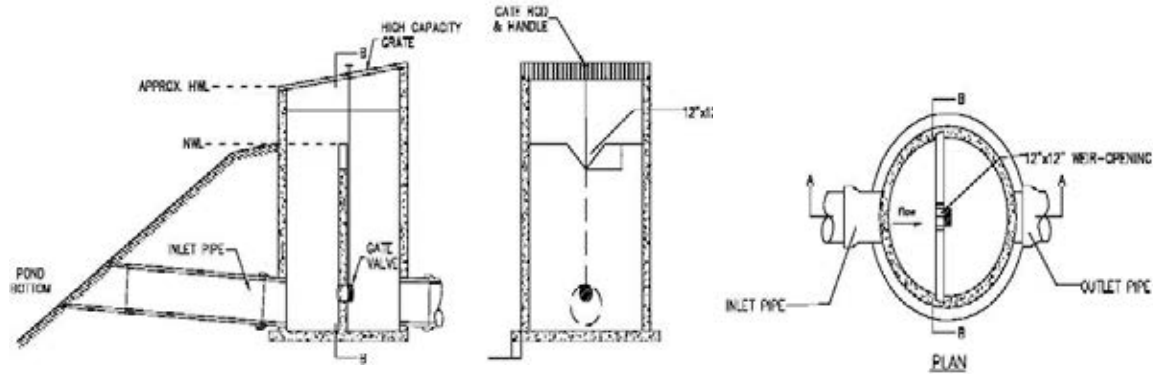


site - before

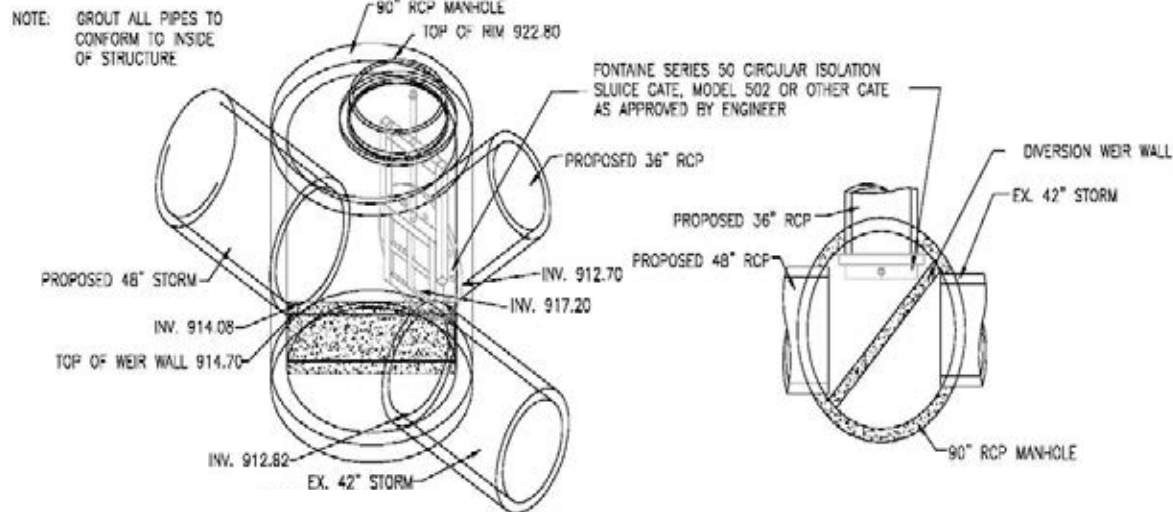


site - after

# BMP: Golf Course Pond – outlet + diversion



**Outlet structure**



**Diversion structure**

# BMP: Golf Course Pond



**760 mm directional boring**

# BMP: Golf Course Pond



# Project Performance: 2007-2010

## Capitol Region Watershed District

### BMP Performance and Cost- Benefit Analysis:

Arlington Pascal Project  
2007-2010

March 9, 2012

## Field Monitoring:

- 2007 to 2010 field seasons
- Flow at inlet – outlet every 10 minutes
- 15 min. rain gauge
- Water quality sampling at inlet and outlet



# Project Performance: Water Quality



<b>TP Reduction Target</b>	<b>43 kg/year</b>
<b>Modeled TP Reduction</b>	<b>35 kg/year</b>
<b>Actual TP Reduction 2007-2010 monitoring</b>	<b>61 kg/year</b>
<b>TP Reduction for Average Precipitation (762 mm/yr.)</b>	<b>70 kg/year</b>

# Project Performance: Water Quantity



- **Local flooding** addressed. **No need for pipe size upgrade** in areas where trenches/ raingardens were incorporated (10-year capacity)
- No need for expensive 1,525 mm **parallel pipe** (~\$2.5 million saved)
- Manhole **blow-outs eliminated**

# Project Performance: 2011-2018



- Spot monitoring shows overall **performance** has been **maintained or increased**
- Raingarden **performance has increased**
  - *Mature root system*
  - *Diligent about pre-treatment clean-up (2x year)*
- UTR infiltration trenches **maintain performance**. Vacuumed **only once** in the fall
- Underground Infiltration tank continues to infiltrate at a **very high rate with no overflow**
- **No maintenance needed** in the tank, only pre-treatment structure cleaning once a year



# Checking Back on LID Misconceptions



**THEY DO NOT PERFORM WELL IN COLD CLIMATES**

*- They do if properly designed.*

**THEY DO NOT PLAY A ROLE IN FLOOD MITIGATION**

*- They do at local level. Cumulative effect.*

**THEY ARE NOT AS EFFICIENT AS PIPE REPLACEMENT  
FOR UNDER-SIZED SYSTEMS**

*- Yes they are; plus water quality benefit.*

**THEY ARE VERY EXPENSIVE TO MAINTAIN**

*- Not if properly designed and pre-treatment.*

**THEY LOSE EFFICIENCY WITH TIME**

*- Not the case as 12 years of monitoring show.*

# Project Recognition:



## **2007 Golden Blooms Award**

*- St. Paul Parks and Recreation*

## **2007 Sustainable St. Paul Award**

*- The City of Saint Paul*

## **2008 Watershed Project of the Year**

*- Minnesota Association of Watershed Districts*

## **2010 Water Resources Eng. - Grand Award**

*- American Council of Eng. Companies - MN*

## **2010 Environmental Initiative Award**

*- The Environmental Initiative*

# Thank you



# Minimal Impact Design Standards (MIDS)



The development of **Minimal Impact Design Standards** is based on **low impact development (LID)** — an approach to stormwater management that mimics a site's natural hydrology as the landscape is developed. Using the low impact development approach, stormwater is managed on site and the rate and volume of predevelopment stormwater reaching receiving waters is unchanged. The calculation of predevelopment hydrology is based on native soil and vegetation. (Minnesota Statutes, section 115.03, subdivision 5c).

Minimal Impact Design Standards (MIDS) represents the next generation of stormwater management and contains three main elements that address the following challenges:

- A higher clean water **performance goal** for new development and redevelopment to provide enhanced protection for Minnesota's water resources.
- New **modeling methods and credit calculations** that will standardize the use of a range of innovative structural and nonstructural stormwater techniques.
- A **credits system and ordinance package** that will allow for increased flexibility and a streamlined approach to regulatory programs for developers and communities.



# MIDS: Performance Goals

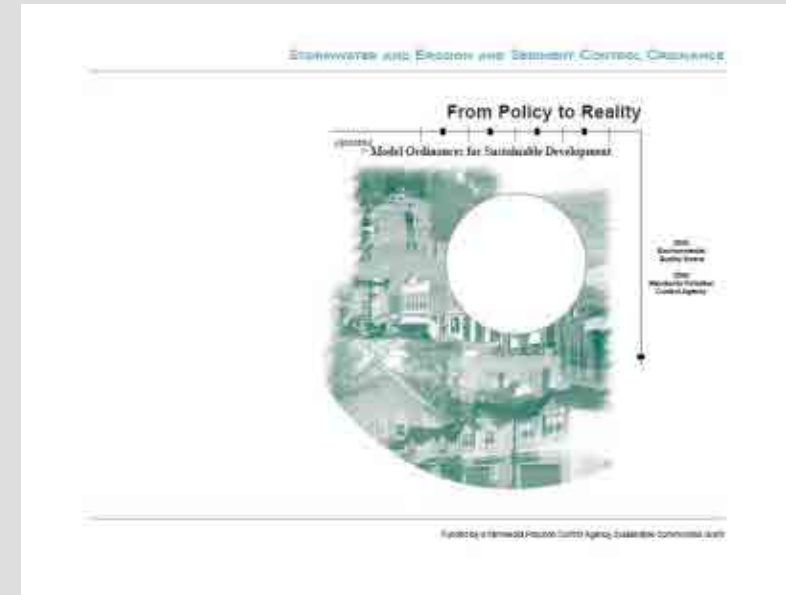
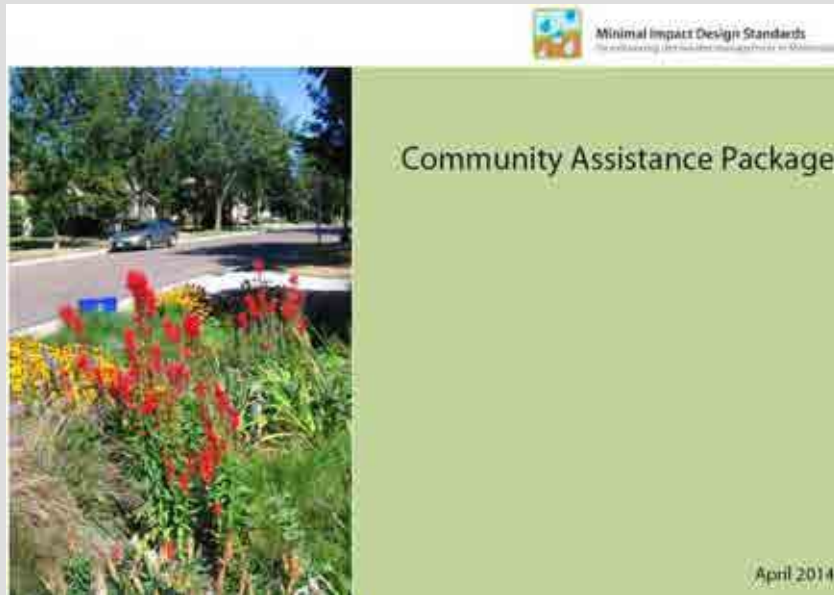
**New development**

**Redevelopment**



**Linear Projects**

**Flexible Treatment options** – when a site just cannot meet the goal.



- **Background on MIDS**
- **How to use the package**
- **Long form stormwater and erosion control ordinance**
- **Short form stormwater and erosion control ordinance**
- **Illicit discharge ordinance**

- **Subdivision ordinance**
- **Conservation subdivision ordinance**
- **Shoreland standards (forthcoming)**
- **Development checklist**
- **Planning process checklist**
- **Sample adoption resolution for ordinance changes**



## Better Site Design

What is Better Site Design?

Techniques applied early in the design process to:

- Preserve natural areas
- Reduce impervious cover
- Distribute runoff
- Use pervious areas to treat stormwater



# The Beginning of the Lake Simcoe Effort



*2013 International*  
**Low Impact Development Symposium**

**BILD & Local Consulting Firms**

**City of Barrie**

**City of Kawartha Lakes**

**City of Orillia**

**EOR**

**LSRCA**

**Ministry of the Environment**

**Municipal Affairs and Housing**

**Ryerson University**

**Town of Aurora**

**Town of Bradford West-Gwillimbury**

**Town of East Gwillimbury**

**Town of Georgina**

**Town of Innisfil**

**Town of Newmarket**

**Town of Uxbridge**

**Town of Whitchurch-Stouffville**

**Township of Brock**

**Township of King**

**Township of Oro-Medonte**

**University of Guelph**

**York Region**

# Policy Becomes Rule

- Stakeholder group meets monthly to contribute to and review draft language
- Model By-law (ordinance) developed
- Policy becomes effective September 1, 2016
- Sets the path for implementation of Lake Simcoe Phosphorous Offset Program January 1, 2018
- Requires developers to work toward zero phosphorous from new development
- Offset charge of establishes funding pool for retrofit of existing infrastructure





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# **Low Impact Development Stormwater Management Guidance Manual**

Ministry of the Environment , Conservation and Parks

# Questions?

